

**STEPHAN J. SWEET, M.D., M.P.H.**  
A Professional Corporation  
Sports Medicine, Arthroscopy, & General Orthopedic Surgery

**HIP ARTHROSCOPY WITH DR. SWEET**

Thank you for choosing to schedule surgery with Dr. Sweet. We are excited to be involved in your surgical experience. In preparation for your surgery, we would like to inform you of all the necessary steps to be completed prior to your procedure.

- Dr. Sweet's surgery scheduler will contact you to set a date and location.
  - o If you do not hear from them within 2-3 days, please call our office at 805-648-3902
- After your surgery has been scheduled, you will receive information on your Preoperative Requirements.
- You will be sent a packet of letters and orders for the following:
  - o Medical Clearance from your Primary Care Doctor
  - o Preoperative Testing
    - Blood work
    - EKG
    - Chest X-ray
  - o Additional medical clearance from specialty physicians, if required.
  - o If you do not have access to a stationary bike, Dr. Sweet's assistants will work with you on obtaining a continuous passive motion machine for post-op rehabilitation.
- You will then be scheduled for 2 appointments:
  - o Preoperative Visit with Dr. Sweet. At this visit you can expect the following:
    - Brace Fitting & Crutch Training
    - Prescriptions for after surgery
    - Preoperative X-ray for Surgical Planning. If greater than 6 months since last x-ray.
    - Surgical Experience Packet
  - o Postoperative Appointment with Dr. Sweet at 2 weeks after surgery. At this visit:
    - Postoperative X-rays.
    - Review your surgical pictures.
    - Additional information on further post-op instructions.